

## SIB SESSIONS EVENT SCHEDULE

- September 17, 2016
- October 15, 2016
- November 19, 2016
- December 17, 2016
- January 21, 2017
- February 18, 2017
- March 18, 2017
- April 15, 2017
- May 20, 2017

For additional Information, please call Jennifer Markiewicz at 878-4117

To reserve a spot for SIB Sessions please contact Diane Krasinski at 878-5961

## SIB SESSIONS

SIB Sessions will provide a comfortable setting for sharing and learning about the ups and downs of being a brother or sister to a sibling with a disability. SIB Sessions is a three hour group that takes place once a month at Barber National Institute on the third Saturday of the month from 11:00 AM to 2:00 PM. During the sessions SIBS are able to go swimming in the Barber National Institute's pool and share a light lunch. SIBS will be able to enjoy a variety of activities each session and more importantly, because their sibling relationship will be lifelong, SIB Sessions are offered to siblings ages 5 to 16 (16th birthday is the cutoff date) and are offered free of charge to all participants. Participants are asked to bring a bathing suit and a towel if they will be swimming.



Elizabeth Donikowski SIB SESSIONS Coordinator

Elizabeth "Lizzie" Donikowski will be graduating in December 2016, from Edinboro University, with a dual Bachelor's degree in Early Childhood and Special Education. Lizzie grew up with an uncle who is diagnosed with Down Syndrome and Autism and helps take care of him daily. Lizzie is the Rec Leader for Camp ESO at Barber National Institute. Lizzie is "looking forward to watching the program grow and seeing the difference it can make."